

# Community First Choice

Maryland's Community First Choice option provides community services and supports to enable older adults and people with disabilities to live in their own homes.

## AVAILABLE COMMUNITY FIRST CHOICE SERVICES

- Personal Assistance Services
- Supports Planning
- Nurse Monitoring
- Personal Emergency Response Systems
- Technology
- Assistive Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Transition Services
- Home Delivered Meals

### **CFC Participants are also eligible to receive other Medicaid services which may include:**

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies
- Durable Medical Equipment

## WHO SHOULD APPLY

Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and getting around.

## ELIGIBILITY GUIDELINES

### *Medical and Technical Criteria*

- Individuals must reside in the community.
- Individuals must meet the level of care required to qualify for services in an institution.

### *Financial Criteria*

- Individuals must qualify for Medicaid in the community
- Individuals can apply for Medicaid at anytime
- Individuals who receive Supplemental Security Income (SSI) are automatically eligible for Medicaid and do not need to apply
- Medicaid coverage information can be found at <https://mmcp.health.maryland.gov>

## PERSONS INTERESTED SHOULD:

Contact Maryland Access Point at:  
1-844-627-5465



**MARYLAND**  
Department of Health

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Community Integration Programs  
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## **MDH Non-Discrimination Statement**

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### **English**

Help is available in your language: 1-410-767-1739. These services are available for free.

### **Español/Spanish**

Hay ayuda disponible en su idioma: 1-410-767-1739. Estos servicios están disponibles gratis.

### **中文/Chinese**

用您的语言为您提供帮助：1-410-767-1739。这些服务都是免费的

### **Русский/Russian**

Помощь доступна на вашем языке: 1-410-767-1739). Эти услуги предоставляются бесплатно.